H.M.B. DISTRICT 18 NEWS
JANUARY 2018

HMB DISTRICT 18 HOLDS IT'S BUSINESS MEETING ON THE SECOND WEDNESDAY OF EACH MONTH AT 7:00 PM AT THE BLOOMING GROVE REFORMED CHURCH, BLOOMINGROVE DRIVE DEFREESTVILLE N.Y. THE NEXT MEETING WILL BE WED. FEBRUARY 14 2018 ALL SERVICE VOLUNTEERS AND MEMBERS WELCOME, AND ENCOURAGED TO ATTEND !
GSR'S ARE THE VITAL LINK BETWEEN THE GROUPS AND THE DISTRICT AND THE AREA AND THE G.S.O.-- RECOVERY,UNITY AND SERVICE ARE OUR THREE LEGACIES !
PLEASE ALSO VISIT THE AREA WEBSITE, WWW.AAHMBNY.ORG

ATTENDEES

Deb S.-- DCM
Mary C.-- Secretary,, GSR, Near Noon
Andrea A.-- GSR, Sat. Late Bloomers.
John E.- Newsletter, Records
Joan E.- Treasurer
Zak P.-- D2 YPAA Liason
Mike M.-- Alternate DCM, BTG
Rick C.--- Member
Tom M.-- GSR Yankee Doodle Group
Fred F.-- CDCO Liason
Pam D.-- GSR, Nassau Women's Group---Functions Chair.
Paul P.--- GSR Set Aside Group
Linda A.-- Treatment Chair
Mike R.-- GSR SAG Group

COMMITTEE REPORTS

DCM-- We are preparing for our next Area Event, Orientation Day on Saturday Jan 13 please see attached flyer. Deb will be attending NERASSA on February 23-25 in Connecticut.
ALTERNATE DCM-- Mike mentioned the Vermont AA convention in Manchester in April. Please see attached information.
SECRETARY-- Accepted the December Newsletter as the minutes of the meeting.
TREASURER-- Joan presented the current report, and it was accepted. See it attached.
CORRECTIONS-- Not present-- no report
TREATMENT-- Linda has met with the incoming Area Treatment Chair. She is still bringing meetings into St. Mary's Hospital on the third and fifth Tuesday evenings. She also hopes to re connect with District 1 to help them bring meetings into St. Peter's Hospital.
PI-- This position is open.
CPC-- Not present, no report received.
BTG--- Mike has one active BTG, someone who will be needing help in the near future.
ACCESSIBILITIES-- This position is open
FUNCTIONS-- The Functions Committee is functioning quite well.
RECORDS/ ARCHIVES-- John still working on organizing the materials he has.
NEWSLETTER-- Nothing to report.
CDCO.-- Fred reports that all is well at CDCO. He provided their Dec. 2017 and 2017 annual report and they are doing an awesome job there ! They still positions open both as officers and volunteers. Their monthly meeting is second Tuesday of each month at 6:30 PM at their office located at 11 Computer Drive W. Suite 100 Albany (off Wolf Rd.) Everyone is welcome to attend.

THE CDCO HOTLINE NUMBER IS 518-463-0906
THIS IS THE LINK TO THE CDCO NEWSLETTER
www.aaalbanyny.org

GROUP REPORTS

YANKEE DOODLE GROUP-- Attendance was good on both Christmas and New Year's day.
FRESH START GROUP— Not present, no report
SAG Group-- Were not able to hold meetings on Christmas and New Years, but attendance OK
SOGGY TUESDAY--- Not present, no report. Needs a new GSR
ORIGINAL CLINTON HEIGHTS-- Not present, no report
NASSAU STEP MTG-- Not present, reports are that all is well
SET ASIDE GROUP-- Excellent attendance, 40-50 avg., all service positions filled The recent workshop went very well with a large attendance.

SHARE AT NOON-- Not present. They need a GSR
NASSAU WOMEN'S-- Attendance down some, could use some support ! They have a strong core.
BLUE TEAPOT GROUP-- Not present. No report.
RENSSELAER WED NIGHT-- Not present, report received that attendance is still quite low.
LATE BLOOMERS--- Not present, but reported attendance is good !
HAMPTON MANOR BB-- No report, needs a GSR and a coffeemaker to open the meeting
NEW LEBANON-- No report. Needs GSR
OUT TO LUNCH BUNCH-- No report, need a GSR ! Always well attended !
EG CARING AND SHARING-- Not present, no report.
NEAR NOON-- All is well ! Good topics and sharing. Attendance is good
LATE BLOOMERS-- Very good topics and attendance is good as usual.
HOUR OF POWER— Not present, no report.
CARRY THE MESSAGE- Needs a GSR, but reported that all is well.
PRIMARY PURPOSE-- Needs a GSR
LIGHT FOR DARK PLACES-- Needs a GSR !

BUSINESS

Deb mentioned that it is not too early to start thinking about D18 upcoming events; The Summer Bash Picnic and the Halloween Dance. The possibility of having the Picnic at Snyder's Lake where it was held in the past was brought up and Paul P. will check into that. Linda A., being a Schodack resident will check with them about reserving the pavillion for a Sunday in mid July. This is where we currently have the picnic.
The idea of having some sort of other D18 function was discussed again. Ideas were brought up for discussion, including a half day workshop on a selected topic , a possible trip to the Wilson House and also an "" AA History Day ". We have an excellent Area archivist Wyatt W.who has a huge collection of historical material to share. We may be able to have him set up some of his things for viewing and maybe have some speakers on AA history. We also could set up a visit to the Albany Rural Cemetery in Menands where Ebby Thacher is buried.
The possibilities are wide open, so please discuss with your Groups and raise some interest! This would be an excellent opportunity to get D18 people involved in something interesting and fun.
Attached is the 2017 District 18 approved budget, please review for any desired changes for 2018 We will discuss next month.

ANNIVERSARIES

Gayle W.-- 1 year Kevin Q.---29 years Ross A.-- 15 years Tom C.--12 years
Big Stan-- 11 years

Congratulations to all the celebrants, who have done it One Day at a Time
Apologies and Congratulations to anyone celebrating that we missed

HMB Area 48 – Northeastern NY
2018 Schedule of Events

Date	Event	Host
January 13, 2018	HMB Orientation Day	Eastern Cluster Albany, NY
February 23-25, 2018	NERAASA	Area 11 Cromwell, CT
March 3 or 4, 2018	HMB Fellowship Day	Hudson Valley Cluster
March 9-11, 2018	NERD	Area 49 SENY Tarrytown, NY
April 7, 2018	HMB Delegate's Day Of Sharing	Western Cluster Utica, NY
May 12 or 13, 2018	HMB Area Assembly	Central Cluster
June 9 or 10, 2018	HMB Joy of Service Day	Hudson Valley Cluster
July 27-29, 2018	NYS Informational Workshop	HMB Area 48
September 8 or 9, 2018	HMB Fellowship Day	Eastern Cluster
October 13, or 14, 2018	HMB Area Assembly	Central Cluster
October , 26-28, 2018	HMB Area Convention	Western Cluster Utica, NY
November 10, 2018	HMB Inventory Day	Adirondack Cluster

HMB Area Clusters

Adirondack Cluster	Districts 5, 10, 13, & 19
Central Cluster	Districts 4, 8, & 14
Eastern Cluster	Districts 1, 2, & 18
Hudson Valley Cluster	Districts 3, 7, 11, 15, 16, & 17
Western Cluster	Districts 9 & 12

Subject to change – updates will appear as events are finalized
For more information contact: althmbchair@aahmbny.org

12/2017

SAVE THE DATE

Saturday, January 13, 2018

DCMs, GSRs & Group Chairs

HMB Area 48

Area, District & Group Officers

Is pleased to announce the first ever:

ORIENTATION DAY

Are you new to service or new to your position?
Are you looking for fresh ideas in order to better serve?
Do you want to know more before taking on a commitment?
Do you have experience you would like to share?

Please join us for a day of learning, fellowship and sharing

Where: Bethany Reformed Church
760 New Scotland Ave, Albany, NY
When: Saturday, January 13, 2018
Time: 9:00am – 3:00pm

Bridging the Gap, Corrections & Treatment

Accessibilities, Cooperation w/Professional Community & Public Information

Archives, Grapevine, Newsletter

7th Tradition breakfast & lunch will be provided

BEGINNING BALANCE 10-1-17			$1381.50
Treasurer - Mailing Expenses		-$ 15.61	
Set Aside Group Contribution	$100.00		
Bloomingrove Church Area Assembly Contribution Reimbursement	$200.00		
District 18 September Meeting Collection	$ 12.00		
BEGINNING BALANCE 11-1-17			$1677.89
Seed Money – Hallowe'en Dance (#641)		-$200.00	
Post Office Box Rent (#642)		-$ 66.00	
Mike McB. - Registration Fee (#643)		-$ 27.00	
District 18 Meeting Collection	$ 20.00		
Bloomingrove Church (#644) (Rent – Oct 2017-Dec 2017)		-$150.00	
Meeting Schedules – Tad J. (#646)		-$446.00	
Fresh Start Group Contribution	$ 25.00		
Mike McB. - Literature Order (#647)		-$ 50.40	
BEGINNING BALANCE 12-1-17			$ 783.49
Seed Money – Alkathon (#648)		-$400.00	
Hallowe'en Dance Return of Seed Money	$ 25.00		
District 18 Meeting Collection	$ 16.00		
Soggy Tuesday Contribution	$200.00		
Nassau Tuesday Night Step Contribution	$ 30.00		
Seed Money – Alkathon Return	$400.00		
Higher Power Contribution	$ 50.00		
Surrender, Acceptance & Gratitude Contribution	$ 50.00		
Convention Attendance – Treasurer (#652)		-$ 59.39	
P.O Box Key Replacement (#649)		-$ 9.00	
BEGINNING BALANCE 1-1-18			$1086.10
Bloomingrove Church (#651) (Rent Jan 2018–Mar 2018)		-$150.00	
Bloomingrove Church (#650) (Donation – Alkathon)		-$250.00	
District 18 Meeting Collection	$ 22.00		
Alkathon Proceeds	$662.00		
Contribution to Alkathon (Wed. Night Women's Meeting)	$ 25.00		
Balance To Date			$1417.10

District 18 - Hudson Mohawk Berkshire Area 48
2017 Approved Budget

Amounts allocated are the maximum allowable expenditures for each category. Actual expenditures must be reported in writing and documented with receipts. Reports are due by April 15th, July 15th, October 15th and December 15th. The Treasurer and District Committee must review all reports past due before any payments are made. Allocated monies are disbursed when requested, and only when an accounting of the previous allocation has been made. Eligible expenses include mileage at $0.35 per mile, tolls, postage, supplies, printing, copies and other. Receipts and mileage details are required. **Funding for special events such as conventions, NERAASA, and other Area/Regional events must be preapproved.**

The District Treasurer shall keep an accounting of expenses and income relative to the budget and provide a report to the District Committee monthly or as requested.

Expenses:			Expense Allocation
Allocations:			
	DCM	$	250.00
	Alt DCM	$	200.00
	Secretary	$	75.00
	Treasurer	$	75.00
	TF Committee Chair	$	75.00
	CF Committee Chair	$	75.00
	BTG Committee Chair	$	75.00
	PI Committee Chair	$	75.00
	CPC Committee Chair	$	75.00
	SN Committee Chair	$	75.00
	Grapevine Chair	$	75.00
	Sub-Totals	**$**	**1,125.00**
Other Expenses			
PO Box Rent		$	130.00
Blooming Grove Donation	Rent/Storage	$	600.00
Event Scholarships		$	300.00
Spring Dance	Seed money	$	250.00
July Picnic	Seed money	$	800.00
Halloween Dance	Seed money	$	250.00
Alkathon	Seed money	$	400.00
	Sub-Total	**$**	**2,730.00**
Total Expenses:		**$**	**3,855.00**

Income:		
Spring Dance (Seed Money Returned)	$	250.00
July Picnic (Seed Money Returned)	$	800.00
Halloween Dance (Seed Money Returned)	$	250.00
Alkathon (Seed Money Returned)	$	400.00
District Mtg 7th Tradition	$	120.00
Projected Contributions	$	2,035.00
Total Income Needed:	**$**	**3,855.00**

Misc Information:		
Prudent Reserve	$	700.00
Mileage Rate	$	0.35

Notes:

Exceptions to any budget expense item, over budget expenses, and one-time expenditures is at the discretion of the District Committee based on funds available and projected income and expenses at any given time.

CAPITAL DISTRICT CENTRAL OFFICE, Inc. (CDCO)
Report of Phone Calls Received
And Other Data
December 2017

The office address is: 11 Computer Drive West, Suite 100, Albany, NY 12205. The hotline phone number is: (518) 463-0906. A daily log has been kept of all phone calls received since the Office's opneing day, November 10, 2005. Following is the latest monthly report.

Telephone Calls

District 1 (Albany region)	73
District 2 (Troy-Cohoes region)	16
District 14 (Schenectady region)	17
District 17 (Hudson-Kinderhook region)	6
District 18 (Rensselaer-Nassau region)	8
	120
Calls for other New York State sites*	24
For out of state**	3
	27
CDCO information	**14**
TOTAL CALLS	**161**

Of the total calls received, 2 were for Al-Anon, 2 were for bridging the gap, 10 were for 12th-step action, 10 were regaerding literature and 16 were first-time callers. The remaining calls were for general AA meeting information.

*Ballston Spa, Clifton Park (3), Herkimer, Islip, Johnstown (3), Jonesville, Lake George, Malta, Old Forge (2), Round Lake, Saratoga Springs (7), Utica, and Yonkers.
**Bennington, VT; Fort Lauderdale, FL; and Oregon.

General office visits	14
Office visits to purchase literature	54
	68

The Office sold $1,236 worth of AA literature, at list price, and $281 worth of medallions.
The Office received 15 emails at chairaaalbanyny.org. All were resolved.
The CDCO website received 1,892 visitors; 58 % were new visitors.
All CDCO reports are available at www.aaalbanyny.org/reports.
Respectfully submitted, CDCO Data Coordinator, Tom O'

CAPITAL DISTRICT CENTRAL OFFICE (CDCO)
Report of Phone Calls Received and Other Data

ANNUAL DATA REPORT
2017

The Office address is 11 Computer Drive West, Suite 100, Albany, NY 12205. The hotline phone number is: 518-463-0906. The Office has been operating since November 10, 2005. A daily log has been kept of all phone calls received since that opening day. The following is the latest Annual Report.

Telephone Calls

District 1 (Albany region)	681	64%
District 2 (Troy-Cohoes region)	166	16%
District 14 (Schenectady region)	116	11%
District 17 (Hudson-Kinderhook region)	44	4%
District 18 (Rensselaer-Nassau region)	56	5%
	1,063	
Calls for other New York State sites	202	
For out of state	34	
	236	
CDCO information	**245**	
TOTAL CALLS	**1,544**	

The Office handled an average of 4.2 calls per day during 2017.

General office visits	195
Office visits to purchase literature	911
	1,106

The CDCO sold $16,049 in AA literature, at list price, in 2017 and $4,525 in medallions to 911 groups or individuals.
The Office website received 20,057 visitors; 58% were new visitors.
The Office received and resolved 239 e-mails at chair@aaalbanyny.org.
All other reports are also available at www.aaalbanyny.org.

Respectfully submitted, CDCO Data Coordinator, Tom O'

Pot of Gold Group

34th Anniversary

Monday, ***February 5th***

Unitarian Church

405 Washington Avenue

Albany NY

Food and Refreshment 5:30 pm

Speakers and Meeting 6:00 pm

Please Bring a Dish to Share

or Just Share in a Dish!

SUNDAY MORNING PROMISES GROUP'S 25TH ANNIVERSARY

Sunday, January 21, 2018

Food and Fellowship: 9 – 10AM

Speaker Meeting: 10 – 11AM

Siena College Student Union,
Maloney Great Room (Rm. 240)

Come and help us celebrate

You're welcome to bring a finger-food
dish or beverage to share

NERAASA 2018

27th Annual

NORTHEAST REGIONAL A.A. SERVICE ASSEMBLY

February 23-25, 2018 – Cromwell, CT.

All A.A. members are welcome!

PURPOSE:
The purpose of the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is for the GSRs, DCMs, Area Committee Members and Intergroup/Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting A.A. as a whole, as well as pertinent aspects of recovery, unity and service common to the Areas of the Northeast Region.

2018 General Service Conference Theme:
A.A.- A Solution for All Generations

Online REGISTRATION:
http://www.neraasa2018.org

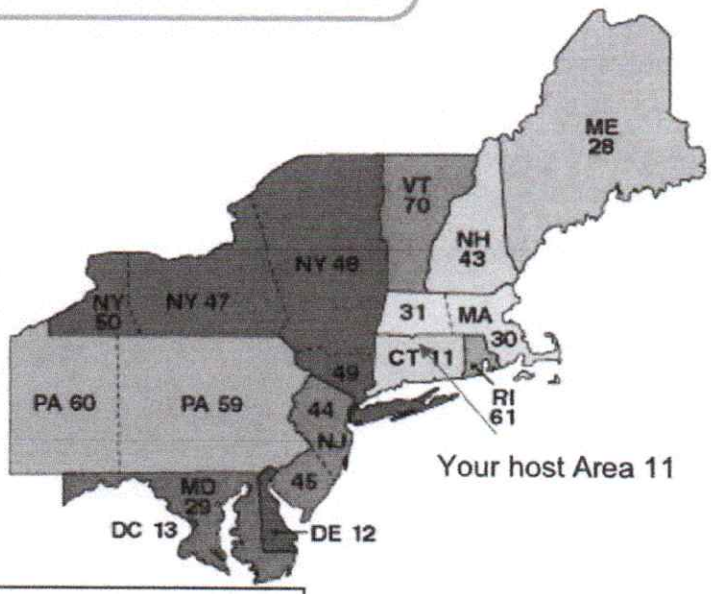
Neraasa 2018 Chair:
neraasa2018chair@gmail.com
Registration Chair:
register.neraasa2018@gmail.com

Kickoff Meeting Thursday evening
Onsite registration begins at
12:00 noon, Friday, February 23, 2018

Panel 1 begins on Friday afternoon

- Accessibilities
- Area Chairpersons
- Archives
- Corrections
- CPC
- Delegates/Alternates
- DCMs/DCMC's/ Alternates
- Grapevine / La Viña
- GSRs / Alternates
- Intergroups / Central
- Literature
- Newsletters
- Public Information
- Registrars
- Secretaries
- Treasurers
- Treatment
- Website Committees
- Young People

ROUNDTABLES



Pre-registration deadline:
February 2, 2018

Hotel reservations must be made through the hotels.
Radisson Hotel, 100 Berlin Rd., Cromwell, CT. 06416; 860-635-2000
https://www.radisson.com/cromwell-hotel-ct-06416/usacrct, discount code is **NERASA**
(this is correct spelling for hotel discount code)
Room rates are $119/night plus tax. Hotel reservation deadline is February 2, 2018
For overflow hotel information please see www.neraasa2018.org

NERAASA 2018 PRE-REGISTRATION FORM:

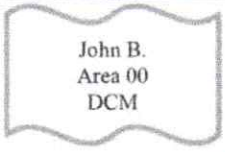
Forms may be copied. Please use one form for each person registering.
Credit cards will be accepted for online registration only. (Standard PayPal fees apply.)
Event Registration is $20.00

FIRST NAME:_____ LAST NAME:_____ AREA#: _____

ADDRESS: _____ NAME ON BADGE: _____

CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____(required for confirmation) PHONE#: _____



Sample Name tag

- ❑ I would like to participate in a panel.
- ❑ I have attended NERAASA before.
- ❑ I have been a NERAASA presenter before.

Past Delegates: Area #: _____ Panel #: _____

Conference Committee: _____

Current Service Commitment:

- ❑ GSR or Alt GSR
- ❑ DCM or Alt DCM
- ❑ DCMC or Alt DCMC
- ❑ District Committee
- ❑ Central Office or Intergroup
- ❑ Area Committee
- ❑ Area Officer
- ❑ Delegate or Alt. Delegate
- ❑ Other: (Please specify) _____

❑ I have Accessibility Needs (circle needs): Spanish Other:_____ (Please visit www.neraasa2018.org for more information)

EVENT REGISTRATION

Please note that there are local restaurants, however, you are encouraged to consider the following choices.
Additional information about the buffet meals is available at www.neraasa2018.org.

$ _____ $20.00 NERAASA Registration
$ _____ $30.00 Friday Buffet Dinner
$_____ $10.00 Friday Ice cream social
$ _____ $23.00 Saturday Buffet Breakfast
_____ $28.00 Delegate's Luncheon (Current, Alt. & Past Delegates ONLY)
$ _____ $28.00 Saturday Buffet Lunch
$ _____ Saturday Night Banquet (seating is limited to first 450 banquet registrants)
❑ Beef $43.00 ❑ Chicken $37.00 ❑ Vegetarian $36.00
$_____ $10.00 Saturday Ice cream social
$ _____ $23.00 Sunday Buffet Breakfast
$ _____ **TOTAL ENCLOSED -** Check/Money Order made payable to **NERAASA 2018**

Mail completed form with full payment to:

NERAASA 2018
P.O. Box 1522
Farmington, CT., 06034-1522

Pre-registration deadline:
February 2, 2018

Vermont Convention 2018

April 13, 14, 15

At the luxury

Equinox Resort & Spa

Manchester, Vermont (Just 7 miles from Wilson House)

Register early for best rates

-0-0-0-

More than 30 meetings, programs and workshops including:

Practicing These Principles in the Workplace

My Family Doesn't Understand…

If God Seems Far Away, Who Moved?

Going to Any Lengths? Better Pack a Lunch!

When to Say "No" in A.A. – Safety

Middle Years of Sobriety – A Dangerous Time

They Don't Know What They Don't Know – PI/CPC

The Hand of A.A. – Treatment

Behind the Bars – Corrections

The Art of Forgiveness

Finding Freedom From Bondage of Self

"My Name is _____. I'm an Alcoholic. Now What?"

Beatin' Stinkin' Thinkin'

Young Peoples' Meetings

Old Timers' Meeting

GSO Speaker -- Great Food -- Ice Cream Social -- & Lots More….

See you there!

"A.A. - A Solution for All Generations"

Area 70 Vermont
55th Annual Convention

April 13, 14, 15 – 2018

Equinox Resort and Spa
3567 Main St. Manchester, VT 05254

For Hotel Reservations
Call the Equinox during normal business hours at 877-854-7625
Ask for In-House Reservations

Specify "Area 70 VT Convention" & Confirm these Rates:
Room Rates (Including Tax) for both Single & Double Occupancy:
$137.50 (For two queen beds or one king bed)/ $115.50 (For one queen bed)
Room Blocks Held Until March 12, 2018

Please Register For the Convention Early:
Mail Completed Registration Form (one per attendee) with check/money order to:

Area 70 Vermont Convention 2018
P. O. Box 24
Shelburne, VT 05482

----------Detach and Return with Check or Money Order----------

☐ **Check here if you are interested in volunteering at the Convention**

Event Registration (Required): (Choose/Check only ONE of the below options)

☐ Early Bird, Received by March 13, 2018	$25.00	(Includes ALL Week-end Convention Events)
☐ Received after March 13, 2018	$30.00	(Includes ALL Week-end Convention Events)
☐ Saturday Night Live ONLY	$10.00	(Includes ONLY Saturday evening activities with GSO Speaker, Coffee/Tea, Ice Cream Social & Dance. **NO charge** for the meeting. Banquet fees are separate)

Meals: (Includes Beverages, Desserts)

☐ Friday Night Buffet Dinner	$32.00
☐ Saturday Luncheon Buffet	$29.00
☐ Saturday Evening Banquet	$48.00

Registration Fee $_____ & Meals $_____ Total ENCLOSED $_____

Please Make Checks Payable to "Area 70 VT Convention 2018"
Early Registration is Appreciated

"A.A. - A Solution for All Generations"

Area 70 Vermont
55th Annual Convention

April 13, 14, 15 – 2018

Equinox Resort and Spa
3567 Main St. Manchester, VT 05254

Activities:
Meetings • Workshops • Service Displays • Play
Ice Cream Social • Dance • Hospitality Suite • Al-Anon Meetings

Saturday Night Live Events:
General Service Office Speaker Meeting
Banquet, Ice Cream Social & Saturday Night Live Dance

For Convention Information

E-mail: Area70Convention@AAVT.org
Registration Forms Can be Downloaded from the Website
Go to: AAVT.org, click on Events tab, then VT Convention Registration.

----------Convention Registration Form ----------

Mail to: P. O. Box 24 Shelburne, VT 05482

Name:_____
Name & Town on Badge: _____
Street, City, State, Zip: _____
_____
Tel:_____ E-mail:_____

Note: For Walk-In Registrations – CASH Only
No Personal Checks or Credit Cards Will be Accepted for On Site Registration

(over)